

Resources for

# Recipients

Egg, sperm and embryo (both de-identified and known)

Regardless of the reasons people access donor sperm, eggs or embryos, taking the step can be overwhelming and isolating without the right support. Whether you are a woman seeking to start a family on your own, a same-sex couple starting your family or a couple who are experiencing infertility, donor conception can be a wonderful opportunity for intending parents to fulfill their dreams of starting or growing their family.

Our counsellors are here to help you on your journey towards parenthood via donor conception, and to answer your questions about parenting a donor conceived child.



For mutual consent contact between people born from anonymous sperm or egg donation



Support for donor conceived people, information on donor conception.



Supporting & Connecting Rainbow Families in QLD



Resources and support for open minded and thoughtful parents



Donor Conception Network U.K. (Please be aware that laws/regulations will be different to QLD)



Eric Blyth is a respected authority on psycho-social aspects of assisted human reproduction.



Victorian Assisted Reproductive Technology Treatment Authority (VARTA). (Please keep in mind that as VARTA is in Victoria, laws/regulations will differ to other states and territories)



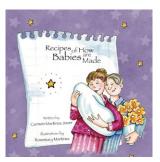
There are some things that are unique to rainbow families; small day-to-day challenges and bigger questions and concerns.

#### More resources for recipients...

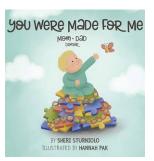
### SOME BOOKS FOR KIDS



The ABC's of how you had me *Vanessa Emily Hunt* 



Recipes of How Babies are Made Carmen Martinez-Jover



You Were Made For Me Sheri Sturniolo



What Makes a Baby Cory Silverberg



Just the Baby for me *Barbara Levin* 



#### Create a family storybook

A family storybook is a book or movie displaying information concerning how your family was created.

Presented in a child-friendly format and can be found using the below link.

## BOOKS FOR ADULTS



Building a Family Ken Daniels



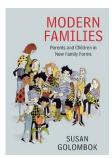
Three Makes Baby Jana M. Rupnow



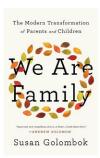
Single Mothers by Choice Jane Mattes



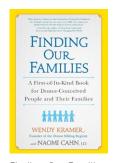
Going it Alone Natascha Mirosch



Modern Families
Susan Golombok



We Are Family Susan Golombok



Finding Our Families Wendy Kramer



A range of keepsake books, milestone cards, and gift sets, perfect for all single parent families. See below link.

