



# Resources for Donors

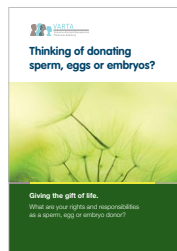
The decision to become a donor can be a fulfilling, rewarding and generous act that can give the opportunity to others to have a child. Your decision has lifelong implications for you, your family, the recipient parent/s and most significantly, for the child. QFG counselling service is here to help you consider the legal, psychosocial and ethical implications of your donation, and to consider your own motivations for wanting to become an egg, sperm or embryo donor.



**VARTA**  
Victorian Assisted Reproductive  
Treatment Authority

## I AM A DONOR

You donated sperm, eggs, or embryos & you want to know more. It is normal to be curious.



Thinking of donating sperm, eggs or embryos?



Advice on talking to your family about your donation.



What donor-conceived people want to know about their donors.

(Please keep in mind that as VARTA is in Victoria, laws/regulations will differ to other states and territories)



**DONOR  
CONCEPTION  
NETWORK**

Donor Conception Network U.K. provides support, information and community to those using, or thinking about using, donor conception to build their family. (Please be aware that laws/regulations will be different to QLD). (Includes books for children of donors).



Support for donor conceived people, information on donor conception for current and prospective parents, donors and the wider community, and advocacy for nationally consistent legislation.

## The Impact of Egg and Sperm Donation on Donors and Their Families



Being an egg or sperm donor: The impact of donation on donors and their families. Using our research, we show how donors think about the connections created between their family and the family of the children born using their egg or sperm.



Talking to your children about being an egg or sperm donor. Using examples from our University of Manchester research, we explore how donors talk about the connections between their children and children born from their egg or sperm.