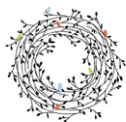




# Support for those coming to terms with *Finishing fertility treatment* with a dream not fulfilled

The decision to end treatment is one of the most difficult decisions you might face. As treatment progresses, it is common to start wondering whether there will be the “happily ever after” or dream fulfilled. Questions of “when is enough, enough?”, and for some, “who will I be if not a mum or dad?”, may start to arise. While there is no one-size-fits all answer to these questions, our counsellors are experienced and skilled at supporting couples and individuals to consider the pros and cons of continued treatment, supporting you through the transition to finishing treatment when the time is right for you, and offering support and resources if your family dream has not been fulfilled. You are not alone.



### THE EMPTY CRADLE

Grief counsellor, Sarah Roberts, found there was little understanding & specialised support for women experiencing involuntary childlessness, so she combined her professional knowledge, clinical skills and lived experience to create these unique programs and rock solid strategies offered by The Empty Cradle.



Where do you draw the line on family creation and fertility treatment? or perhaps you've had the line drawn for you and you're trying to figure out what next, in a society where so much of your identity – and community life - focuses around traditional family structures and the role of being a parent.



### VARTA

Victorian Assisted Reproductive Treatment Authority

#### Coming to terms with the end of treatment

Personal stories from many people talking about trying for another child and coming to terms with the end of their IVF treatment.



#### A global friendship, support & advocacy network for childless women.

Whether you're childless due to infertility or circumstance you're in the right place. Pull up a chair. Get a cup of tea or something stronger and make yourself comfortable. Things are just about to get a whole lot easier.



#### A FREE ONLINE COMMUNITY

A place where you can find peer to peer support from others who are facing the challenges of childlessness.



Support for those childless by circumstance

#### WEBINARS

MTL offers free digital access, in your own home, to expert opinion and advice about the many issues that can arise when living without children. All support and information is tailored to help our More to Life community achieve the most fulfilling life possible.

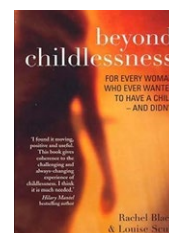


#### When IVF doesn't work...

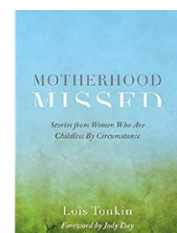
Fertility Matters is written by Kate Brian who has been through fertility problems, tests and IVF treatment herself. This website gives reliable information, advice and support to anyone who is having difficulties getting pregnant.



If you're coming to terms with childlessness; looking for answers, meaning, connection, then these books are a good starter pack for the readers out there. Hearing the voices of other women can be a powerful source of support and comfort. You are not alone, and there is a community of women out there who are willing to share their wisdom.



Beyond Childlessness  
A book by Rachel Black & Louise Scull



Motherhood Missed  
A book by Lois Tonkin