



Resources for

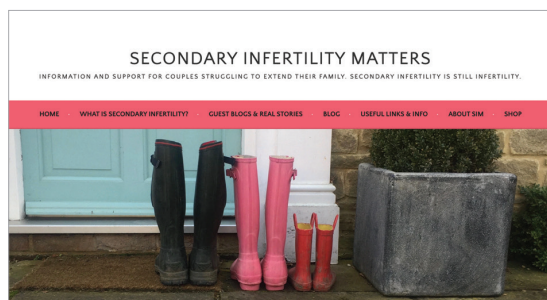
# Secondary Infertility

There is a hidden grief when you already have a child or children and are unable to conceive another child, despite feeling that your family is incomplete. You may be able to identify many triggers (e.g. getting your period whilst trying to conceive, people talking about their children, people asking when you are having another child, seeing siblings play together and having thoughts of how your child would enjoy having a sibling or are missing out without having more siblings). The counsellors at QFG are here to help you explore your feelings and support you. The following resources may also be of use:

**Website:**

**Secondary Infertility Matters** – Information and Support for couples struggling to extend their family. Secondary Infertility is still Infertility.

This is a website for information and support and includes some personal stories of infertility.



**Books which may be helpful:**

**More Love to Give**

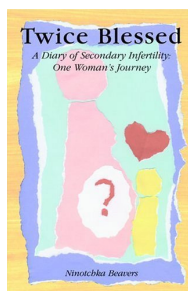
A Story of Secondary Infertility, IVF and the Desperate Quest for Another Child: by Helen Davies



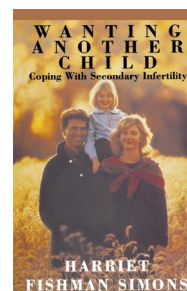
**Making Meant to Be: One Woman's Journey with Secondary Infertility** - A Memoir by Tracy McKay



**Twice Blessed: A Diary of Secondary Infertility** - One Woman's Journey by Ninotchka Beavers

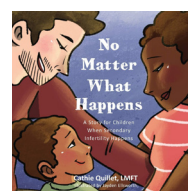


**Wanting Another Child: How To Cope With Secondary Infertility** by Harriet Fishman Simons



**A book for children:**

**No Matter What Happens: A Story for Children When Secondary Infertility Happens** - Quillet, Cathie, Ellsworth, Jayden



**On Facebook there are several peer support groups:**

- Secondary Infertility Matters
- Secondary Infertility and
- Secondary Infertility IVF TTC Support Australia and Beyond